



# CONFIDE & CONQUER

## Self-Image and Anxiety Support

Here you will gain strength, knowledge and a positive self-perception that will benefit you for a lifetime.

Share common experiences, learn new skills and gain the strength to continue your journey to inner strength and self-confidence.

We invite you to join our group of resilient women and experience the benefits of meeting with others who travel the same path as yourself.

There's strength  
in numbers....  
Join us and  
Thrive!

864-631-1035  
Or 864-382-0145



### Confide & Conquer

#### Meeting Schedule (every other Tues)

- Nov 15
- Nov 29
- Dec 13
- Dec 27
- Jan 10
- Jan 24
- Feb 7
- Feb 21

6:00-7:30pm

✂ Clip and Save

### Lynn Victory

MA, LD, RD, LPCI



710 Pettigru St.,  
Greenville SC 29601

\$40/Session or \$280/8 Sessions  
(8 Week Prepay Saves \$40)