

Lynn Victory, MA, RD, LD
at the Cottage
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PLEASE COMPLETE THIS QUESTIONNAIRE & BRING TO YOUR FIRST APPOINTMENT.

Today's Date		Your Full Name	
DOB	Age	Email	
Address		City/State/Zip	
Phone (Home)	(Work)	(Cell)	
Emergency Contact		Relationship	Phone
Referral Source			
Physician		Phone	
Therapist (if applicable)		Phone	
Psychiatrist (if applicable)		Phone	
Other:			

I give Lynn Victory or Cynthia Thomas permission to contact the above if necessary to discuss my therapy.

Signature

Date

MEDICAL HISTORY

Describe any serious or longstanding illness you have had in your life.

List any surgeries and their approximate dates.

LIST ANY MEDICATIONS YOU ARE TAKING AT THIS TIME

NAME OF MEDICATION	DOSAGE	HOW OFTEN TAKEN

List any medications that have caused you to experience severe side effects (but not allergic reactions):

EDUCATION & EMPLOYMENT

Education

- Did not complete High School
 Completed High School
 Completed business/technical training
 Completed College
 Completed Graduate

Occupation: _____

What do you do for fun/recreation? (include hobbies, social activities, clubs, special interest groups, etc)

What are your strengths? (include skills and talents that it takes to be good at the activity/hobby and other qualities you may possess such as patience, quick thinking, persistence, attention to detail, etc.)

What areas of your life are most satisfying to you (career, parenting, friendships, etc.)

GOALS AND EXPECTATIONS

Describe your goal(s) for nutrition therapy

During the coming weeks, what support systems will be available to help you deal with these problems:

- Friends
 Spouse/Relatives
 Neighbors
 Church
 Specify other:

